

COLUMBIA-MONTOUR AVTS



MEAL PRICING:

Full Lunch \$3.25
 Main Entree Extra \$ 2.00
 Milk Extra \$.50

LUNCH Menu

December 2023

Cycle

1	Chicken Snack Wraps	Pulled Pork Kaiser Roll	Stuffed Pepper Casserole	Rib-BBQ	Pizza Cheese/Meat
	California Blend Peaches	Coleslaw <u>Glazed Carrots</u> Juice	Toss Salad Mixed Fruit	Veggie Blend <u>Baked Beans</u> Juice	Tater Tots Applesauce
2		Grilled Cheese	Chicken Noodle Casserole	Pizza	Southwestern VT Bowl
		Tomato Soup Applesauce	Green Beans Juice	Broccoli Pears	Corn <u>Refried Bean</u> Pineapple
3	Ham/Tuna Melt Pretzel Bun	Pasta & Meat Sauce	Stir Fry Chix Eggroll, Rice	<u>Stromboli</u> Pizza	Corn Dogs
	Vegetarian Chili Peaches	Toss Salad SideKicks	<u>Broccoli</u> Mandarin Oranges	Carrots Juice	Green Beans Mixed Fruit
4	Sloppy Joes Kaiser Roll	Italian Sausage	Baked Ham VT Roll	<u>Banana Bread</u> Sausage Patty	Pizza Cheese/Meat
	Broccoli Pears	Italian Beans Juice	<u>Scallop Potato</u> <u>Chef Veg Blend</u> <u>Harvard Beets</u> Cherry Crisp	Hashbrowns Orange Juice	Carrots Mixed Fruit

OTHER DAILY SELECTIONS:

ENTREES

- ◆ Entree Salad
- ◆ Turkey or Ham Sandwich
- ◆ Yogurt & Granola
- ◆ PB & Jelly Kit
- ◆ Vegetarian Bowls

SIDES

- ◆ Fresh Vegetables
- ◆ Fresh Fruit

MILK

- ◆ 1% White
- ◆ Chocolate

Menu subject to change.

This institution is an equal opportunity provider.

■ Week 1 Meal Plan
 ■ Week 2 Meal Plan
 ■ Week 3 Meal Plan
 ■ Week 4 Meal Plan
 ■ No School
 ■ Special Menu

August 2023							September 2023							October 2023							November 2023							December 2023						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
		1	2	3	4	5						1	2	1	2	3	4	5	6	7				1	2	3	4						1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			24/ 31	25	26	27	28	29	30