

COLUMBIA-MONTOUR AVTS



MEAL PRICING:

Full Breakfast \$ FREE
 Main Entree Extra \$ 1.50
 Milk Extra \$.50

Breakfast Menu

August - October 2023

Cycle

1	<i>Stuffed Bagels</i> Strawberry or Cinnamon	<i>Pancakes</i>	<i>Crescent Roll</i> Grape or Chocolate	<i>Breakfast Bar</i> Choco Banana or Choco Chip	<i>Donuts</i> Powdered or Chocolate
	Mixed Fruit	Juice	Applesauce	Peaches	Juice
2	<i>Oat B-fast Bar</i> Apple Cinn or Choco Banana	<i>French Toast Sticks</i>	<i>Snackin Waffle</i> Maple or Blueberry	<i>Filled B-fast Bar</i> Cinn Toast or Cocoa Puff	<i>VT McMuffin</i>
	Mixed Fruit	Pineapple	Juice	Pears	Juice
3	<i>Stuffed Bagels</i> Strawberry or Cinnamon	<i>Pancakes</i>	<i>Crescent Roll</i> Grape or Chocolate	<i>Breakfast Bar</i> Choco Banana or Choco Chip	<i>Donuts</i> Powdered or Chocolate
	Mixed Fruit	Orange Juice	Peaches	Applesauce	Juice
4	<i>Oat B-fast Bar</i> Apple Cinn or Choco Banana	<i>French Toast Sticks</i>	<i>Snackin Waffle</i> Maple or Blueberry	<i>Filled B-fast Bar</i> Cinn Toast or Cocoa Puff	<i>VT McMuffin</i>
	Mixed Fruit	Pears	Juice	Mandarin Oranges	Juice

OTHER DAILY SELECTIONS:

ENTREES

- ◆ Cereal
- ◆ Bagel
- ◆ Toast
- ◆ Muffin

SIDES

- ◆ Fresh Fruit

MILK

- ◆ 1% White
- ◆ Chocolate

Menu subject to change.

This institution is an equal opportunity provider.

■ Week 1 Meal Plan
 ■ Week 2 Meal Plan
 ■ Week 3 Meal Plan
 ■ Week 4 Meal Plan
 ■ No School
 ■ Special Menu

August 2023							September 2023							October 2023							November 2023							December 2023							
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	
		1	2	3	4	5						1	2	1	2	3	4	5	6	7				1	2	3	4							1	2
6	7	8	9	10	11	12	3	4	5	6	7	8	9	8	9	10	11	12	13	14	5	6	7	8	9	10	11	3	4	5	6	7	8	9	
13	14	15	16	17	18	19	10	11	12	13	14	15	16	15	16	17	18	19	20	21	12	13	14	15	16	17	18	10	11	12	13	14	15	16	
20	21	22	23	24	25	26	17	18	19	20	21	22	23	22	23	24	25	26	27	28	19	20	21	22	23	24	25	17	18	19	20	21	22	23	
27	28	29	30	31			24	25	26	27	28	29	30	29	30	31					26	27	28	29	30			24/ 31	25	26	27	28	29	30	